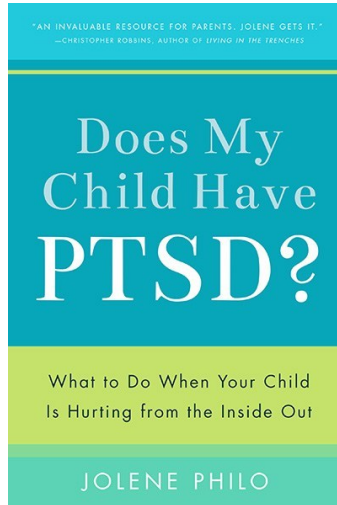


THEY DO REMEMBER:

# The Lifelong Impact of Childhood Trauma

1 DAY WORKSHOP

with author & speaker Jolene Philo



SATURDAY, JANUARY 26

8:30 AM - 2:00 PM

KIRON BAPTIST CHURCH

FELLOWSHIP HALL

107 CLOVER - KIRON, IA

*This is a free event with continental breakfast and lunch provided.*

**Pre-registration requested by January 24.**

By email: [Kironbaptist@gmail.com](mailto:Kironbaptist@gmail.com) - please include **ATTN: PTSD Workshop** in subject line. Provide name, phone, & number attending when registering.

By phone: 712-675-4327 (church office)

If no answer, please leave a message including name, phone, & number attending.

## SESSION SUMMARIES

Session One: A Brief Look at Childhood Trauma and Its Causes

What is childhood trauma? What's the difference between trauma and post-traumatic stress disorder (PTSD)? What are the causes of trauma and PTSD in kids? Jolene answers these questions by relating her family's personal experience and encouraging discussion among those in attendance.

Session Two: How Trauma Changes the Behaviors and Brains of Children

Participants are guided through activities to explore behaviors that are symptoms of PTSD in kids in this session. It reviews research about how trauma changes the brain and also examines how the young brain stores memories. A look at effective treatment methods for children rounds out this session.

Session Three: Health Effects and Faith Implications of Childhood Trauma

Topics raised during the working lunch are addressed in this session. Participants also learn about the long-term, documented health effects of childhood trauma. The day wraps up with discussion of the role of faith in raising, teaching, and treating those impacted by childhood trauma and PTSD.



Jolene Philo is the mother of a son born with life-threatening special needs and the daughter of a father severely affected by multiple sclerosis. In her 25 years as an educator, she integrated children with special needs into her classroom. She's written 5 books about caregiving, special needs parenting, and childhood PTSD. She is currently co-writing a book with Dr. Gary Chapman about how parents of kids with special needs can use the 5 love languages in their families. Jolene speaks at conferences around the country and internationally, facilitates classes about childhood trauma for educators, and trains special needs ministry leaders and volunteers. She blogs at [www.DifferentDream.com](http://www.DifferentDream.com). She and her husband live in Iowa.

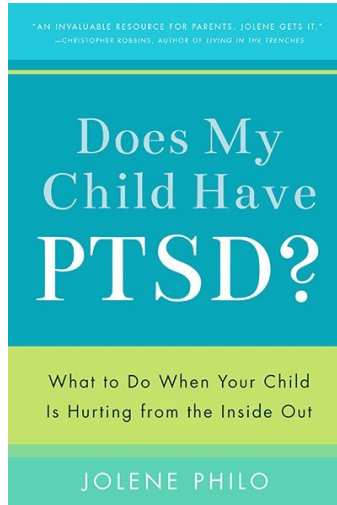
*Sponsored by Kiron Baptist Church Christian Education Board*

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